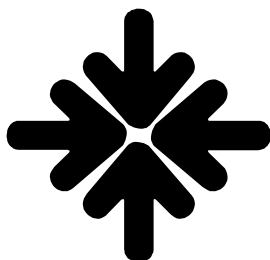

THE INDEPENDENT LIVING SUPPORT PROGRAM

provides practical support and skill training to youth who are making the transition to independent living and adulthood.

Support for independent living is founded on the philosophy that, given a period of appropriate guidance and training, youth can develop the skills and resources needed for healthy and self-sufficient independent living.

One-on-one, individualized support is offered to youth in the areas of nutrition, housing, budgeting, self-care, social development and vocational planning. Through participation in the program, youth also learn self-advocacy and problem solving skills.

Referrals through Ministry of Children and Family Development, Child and Youth Mental Health Program, and Youth Probation



The support for independent living includes the following elements:

- A documented assessment of individual needs and strengths
- Time-specific goals and objectives developed collaboratively with youth
- Interventions directed towards strengthening the youth's natural support systems and increasing problem-solving skills
- Encouragement of youth to participate in case-management and to develop planning and decision making skills
- Opportunities for group training and social connection
- Practical assistance for youth in accessing appropriate resources, community supports and basic living requirements
- Regular monitoring of progress
- Collaboration with natural families, caregivers, MCFD social workers, colleagues and members of the broader community
- Advocacy on behalf of youth, and natural and foster families.

Independent Living Work Experience Program

This is one of the key developmental components of the Independent Living Support program. Many of the youth who participate in the program are motivated to find employment and increase their job-hunting skills, but are in need of some one-on-one support to help them pursue their goals.

Program components include:

- Resume Preparation;
- St. John's Ambulance First Aid Training
- Cover Letter Writing and Job Interview Skills
- Conflict Resolution
- Paid Work Experience Placements
- Evaluation of Work Experience

If you are an employer interested in supporting a youth to achieve work experience and employment skills, please contact Powell River Child, Youth & Family Services Society at (604) 485-3090

Referrals through Ministry of Children and Family Development, Child & Youth Mental Health, and Youth Probation

For more information please contact:

Powell River Child, Youth & Family Services Society

#202-7373 Duncan Street
Powell River, BC
V8A 1W6

Phone: (604) 485-3090

Fax: (604) 485-4215

Email: admin@prcyfss.com

Office Hours

8:30 am - 4:30 pm

Monday to Friday

Program funding provided through contract with

THE MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT

Administered by
POWELL RIVER CHILD, YOUTH & FAMILY SERVICES SOCIETY

(a non-profit society and registered charity)

**For more information call:
(604) 485-3090**



Independent Living Support Program

