

Some teens who have been sexually abused report these things:

- Migraines/Headaches
- Anxiety
- Sleep problems
- Difficulty focusing on school work
- Avoiding friends and activities

Feeling:

- Afraid
- Anxious
- Crazy
- Confused
- Angry
- Depressed
- Suicidal
- Ashamed
- Alone

*Have you ever been forced to have sex?

*Have you ever been persuaded to have sex when you didn't want to?

*Have you ever been unable to give consent (passed out) and after suspected that you have been sexually assaulted?



Who else to call or see for help:

- Sexual Assault Response Team 24 hr. call hospital (604) 485-3211 * up to 7 days post-assault
- RCMP (604) 485-6255
- Victim Support (604) 485-3418
- Specialized Victim Support Services (604) 485-2620
- MCFD Help Line (310-1234)
- Grace House (604) 485-9773
- Your Doctor
- Your School Counsellor or another trusted adult

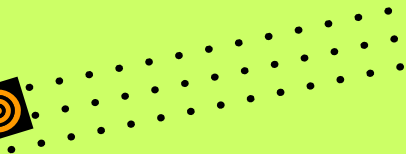


Powell River Sexual Abuse Intervention Program for Teens



Who are we & what do we offer?

We are counsellors. We listen; we support teens (up to 19) who have been sexually abused. We help youth access supports to enable them to recover: to ensure safety, good health, coping and positive self-esteem (which for some means understanding and voicing their rights and filing complaints against their abusers).



What is Sexual Abuse?

Unwanted sex or exposure (being forced, drugged, manipulated, talked or tricked into it). Being touched in inappropriate sexual ways. Being exposed to: unwanted invitations to look at or touch others or listen to obscene talk..

Powell River Child & Youth Mental Health/Sexual Abuse

Intervention Program

202- 7373 Duncan St
Powell River BC V8A 1W6
Phone: 604 485-3722
Fax: 604 485-4215

Funded by MCFD

Revised April 2008

Who Are Abusers?

Sometimes abusers are strangers but... most Teens report that: their abuser is someone they know and maybe, once trusted. This often makes getting help difficult. Teens often feel embarrassed or confused. We understand this.

