

Where are the sessions offered?

Enquiry BC can give you the phone number of the nearest Family Justice Centre that can help you find the session closest to you.

Enquiry BC

In Vancouver, call 660-2421

In Victoria, call 387-6121

In other areas of the province,
call toll free 1 800 663-7867

In some Lower Mainland communities, Parenting After Separation sessions are offered in Cantonese, Mandarin, Punjabi and Hindi.

To find out more about
Parenting After Separation information sessions,
or to register for a session, please contact:

PARENTING after separation

for your child's future

Free Information Sessions

Are you a PARENT currently
going through SEPARATION ?

Are you helping CHILDREN adjust to
changes after FAMILY separation ?

Would you like information about
OPTIONS for RESOLVING family
disputes, including mediation,
counselling and court ?

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What are Parenting After Separation information sessions?

Parenting After Separation is a three-hour information session for parents, sponsored by the Ministry of Attorney General. Its purpose is to help parents make informed choices about their separation which take into account the best interests of their children.

The session is led by facilitators who are experienced in helping families.

What will I learn at the session?

- The impact of separation on you and your children
- How to help your family adjust to change
- Strategies to help your family adjust to change
- Effective ways you and your children's other parent can communicate
- How to keep your children out of the middle of conflict
- Options for resolving family disputes, including mediation, counselling and the court process
- How the child support guidelines are applied
- Resources in the community for parents and children

Legal advice is not provided at the information session.

How much does it cost?

The sessions are free. Child care services are **not** provided while you are attending.

Who attends Parenting After Separation and when?

Parenting After Separation is available to all adults who are dealing with issues of child custody, access, guardianship and/or support. The sessions are available at various times. Specific information for your community is available upon registration. If both parents are registered, they will attend separate Parenting After Separation sessions.



In some communities in British Columbia, parents **must** attend a Parenting After Separation session before going to court on matters such as custody, access, guardianship and/or child support. This also includes changing an existing order for custody, access, guardianship and/or support. The court registry where you file your application to court can tell you if attendance is mandatory.

In these communities:

- both parents must attend, whether they are married, living common-law or have never lived together.
- other parties who have made an application to court, such as grandparents and step-parents, must attend a Parenting After Separation session.

When your matter is urgent.

If the safety of you and your children is of concern, or you feel your situation is urgent, tell court registry staff when you file your application.