

**For additional information  
please contact**

**Colleen Mudry at  
Powell River Child, Youth &  
Family Services Society  
604 485-3090**



# **Support for Foster Parents**

Being a Foster Parent is a rewarding and demanding job.

Supports are available in order to sustain placements and enhance the caregiver's ability to deal with a variety of situations and behaviours when working with children.



## Foster Parent Coffee Club

All Foster Parents are invited to attend the monthly coffee club. The dates and times are rotated in order to accommodate the largest number of people.

Schedules are mailed out every three months.

The Coffee Club is two hours long. The first hour is for socializing, networking, and support. The second hour has a training component, utilizing the strengths from within the community as facilitators.

The training topics are based on the expressed need of the foster parents when developing learning expectations.

Although participation varies, sessions are useful even when very few are able to attend. Foster Parents view this time as an opportunity to debrief, problem solve issues and gain from the experience of others.

## OUTREACH SUPPORT

Foster Parents have access to the support worker if individual issues surface that require support. Support may be in the form of home visits or telephone contact.

One to one sessions are available to:

- Address individual training needs
- Debrief issues
- Provide behaviour management consultation
- Assist with referrals to community resources
- Provide assistance in relationships with birth families, and
- Facilitate understanding of roles and responsibilities.

